

# 2<sup>nd</sup> Alberta JKA-SKD Karate Tournament

## Event Information

| Rank categories            | Kata  |   | Kumite  |
|----------------------------|---|---|---|
|                            | Eliminations                                  | Finals<br>Team kata   | Eliminations and finals   |
| White - Red<br>11,10,9 Kyu | Taikyoku 1                                    |   | Kihon Sanbon (3 steps)<br>Jodan<br>Chudan if tie  |
| Yellow<br>8 Kyu            | Taikyoku 1                                    | Taikyoku 1 or<br>Heian 1  | Kihon sanbon (3 steps)<br>Jodan, Chudan<br>Migi if tie  |
| Orange 7<br>kyu            | Heian 1                                       | Heian 1 or 2  | Kihon Ippon (1 step)<br>Jodan, Chudan, Chudan<br>Maegeri<br>Migi if tie   |
| Green<br>6 Kyu             | Heian 2                                       | Heian 2 or 3  | Kihon Ippon (1 step)<br>Jodan, Chudan, Chudan Maegeri<br>Migi if tie<br>18 + Shobu Ippon (1 pt, 2 mins stop time)                       |
| Blue-Purple<br>5-4 Kyu     | Heian 3 or 4                                  | Heian 3, 4 or 5   | Kihon Ippon (1 step)<br>Jodan, Chudan, Chudan Maegeri, Chudan<br>Kekomi<br>Migi if tie<br>18 + Shobu Ippon (1 pt, 2 mins stop time)     |
| Brown<br>3-1 Kyu           | Heian 5 or<br>Tekki 1                         | Heian 5, Tekki 1<br>or Sentei (Bassai<br>Dai, Kanku Dai,<br>Jion, Enpi) | Jiyu Ippon<br>Jodan, Chudan, c. Maegeri, c. Kekomi, Jodan<br>Mawashi geri<br>(Migi if tie)<br>18 + Shobu Ippon (1 pt, 2 mins stop time) |
| Black<br>Dan               | Sentei (Bassai Dai,<br>Kanku Dai, Jion, Enpi) | Choice  | (8-17) Jiyu Ippon<br>18 + Shobu Ippon (1 pt, 2 mins stop time)  |
| 50+<br>Brown and<br>Black  | (Mixed genders)<br><br>Kata of choice         |   | Shobu Ippon (1 pt, 2 mins stop time)  |

Each competitor may only participate in one team kata.

Judges : Please bring your own whistle and wear a JKA tie (or a red tie).

Sparring equipment for **Jiyu Ippon Kumite**:

- JKA Approved white gloves or similar design (mandatory)
- Mouth guard (mandatory)
- Groin protector for male competitors (mandatory)
- Chest protector for female competitors (optional)

Hair: tied back (male & female). Nails : short. No glasses, jewelry, body piercing ornaments, verbal retaliation.